

## COPD SCREENING

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE \_\_\_\_\_ (M) (F)

MEDICATIONS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

ALLERGIES: \_\_\_\_\_

PMHX \_\_\_\_\_

\_\_\_\_\_

Yearly Immunization for influenza (Y) (N) Pneumococcal Q5yrs (Y) (N)

1. Do you cough regularly? (Y) (N)

2. Do you cough up phlegm regularly? (Y) (N)

3. Do even simple chores make you short of breath? (Y) (N)

4. Do you wheeze when you exert yourself, or at night? (Y) (N)

5. Do you get frequent colds that persist longer than those of other people you know? (Y) (N)

SMOKER (Y) (N) (PAST) EXPOSURE TO 2nd HANDSMOKE (Y) (N)

HOW LONG? \_\_\_\_\_ # CIGS/DAY \_\_\_\_\_ # of PACK YEARS \_\_\_\_\_

SMOKING CESSATION OFFERED? \_\_\_ Counseling to stop  
\_\_\_ Pharmacologic Intervention  
\_\_\_ Program Referral  
\_\_\_ Pt. Declined

DIAGNOSED WITH COPD? (Y) (N)

# of exacerbations in last year \_\_\_\_\_ # of hospitalizations \_\_\_\_\_

VITAL SIGNS: BP \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ O2SAT \_\_\_\_\_ WT. \_\_\_\_\_ HT. \_\_\_\_\_

**MRC DYSPNEA SCALE**

- 1. Normal- Not troubled by breathlessness except with strenuous exercise.
- 2. Troubled by shortness of breath when hurrying on the level or walking up a slight hill.
- 3. Walks slower than people of the same age on the level because of breathlessness or has to stop for breath when walking at own pace on the level.
- 4. Stops for breath after walking about 100 yards (90M) or after a few minutes on the level.
- 5. Too breathless to leave the house or breathless when dressing or undressing.

**MRC SCORE:** \_\_\_\_\_

**SPIROMETRY TESTING**

PARAMETER	MEASURED	% PREDICTED
FEV1		
FVC		
FEV1/FVC		

**POST BRONCHODILATOR- <0.7 CONFIRMS COPD**

**DIAGNOSIS** \_\_\_\_\_

**COPD MILD**\_\_\_\_ **MODERATE**\_\_\_\_ **SEVERE**\_\_\_\_\_

**MEDICATION ORDERS:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**INHALER/SPACER TECHNIQUE REVIEWED? (Y) (N)**

**REFFERAL** \_\_\_\_\_

**HANDOUTS GIVEN TO PATIENT**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_