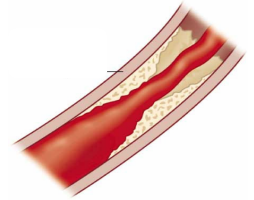


Medications for High Cholesterol

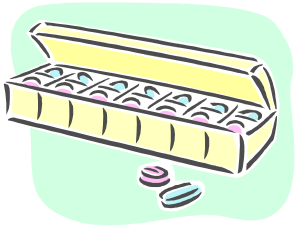
Name(s) of your cholesterol medication: _____

What they do:

- * These medications lower your cholesterol, which can help prevent your blood vessels from getting blocked
- * This may help to prevent you from having a heart attack or stroke
- * Some people may need to take more than 1 type of medication to lower their cholesterol



How to take them:



- Take your cholesterol medication at the same time every day, as prescribed by your doctor
- Some work better when they are taken in the evening - ask your doctor when your medication(s) should be taken
- Some cholesterol medication should not be taken with grapefruit or grapefruit juice. Ask your doctor if this or other foods should be avoided.

What to watch for:

- Some cholesterol medications cause muscle damage. Tell your doctor if you feel muscle pain or weakness.
- Cholesterol medications can affect your liver. Your doctor will want to check your liver. Make sure you have your blood tested when requested by your doctor.
- Cholesterol medications should not be taken when pregnant. Tell your doctor if you are or are planning to become pregnant.
- Ask your doctor if there is anything else you should watch for



For more information contact your health care provider

Reference:

Compendium of Pharmaceutical Specialties 2009 published by the Canadian Pharmacists Association Ottawa, ON.

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